



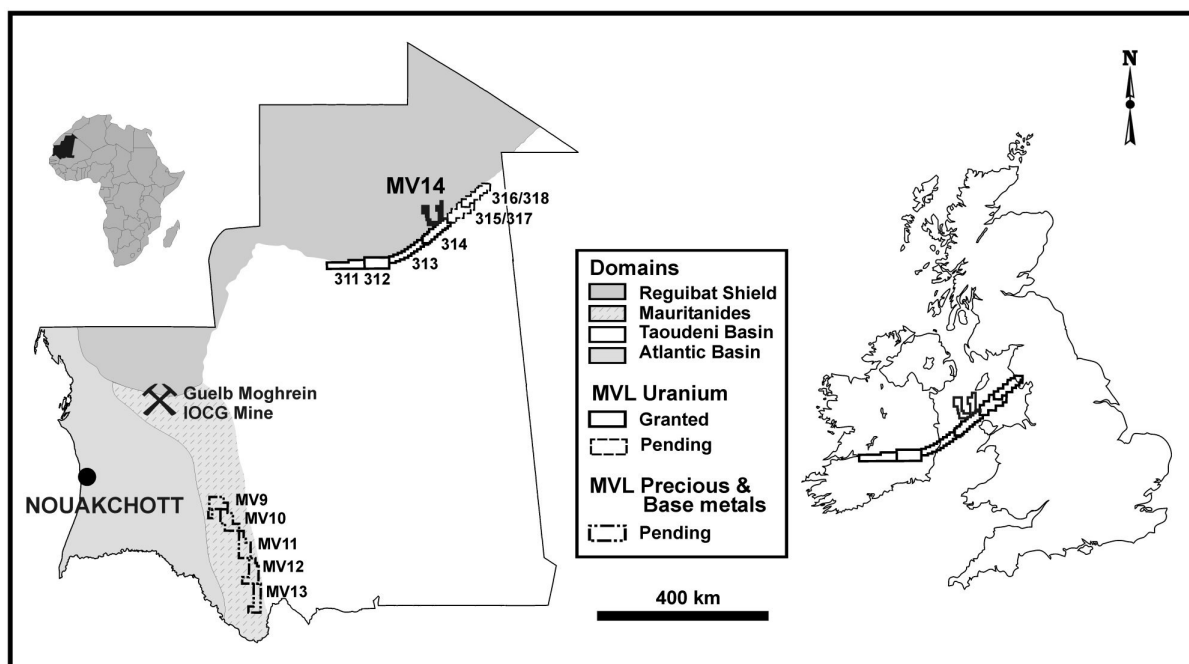
Alba Mineral Resources Plc (“Alba” or the “Company”)

Trading Update

Alba Mineral Resources plc, the UK-based exploration company, announces it has recommenced active fieldwork exploration following a recently completed fundraising.

Mauritania Ventures Ltd (MVL), in which Alba has a 50% interest, is pleased to announce that preliminary fieldwork has commenced on the licences MV9 to 13 in southern Mauritania. These licences show the potential to host iron-oxide-copper-gold (IOCG) mineralization.

The Mauritanide Belt hosts the Guelb Moghrein mine (23.7 Mt grading 1.88% Cu, 1.41 g/t Au, and 143 ppm Co), which lies 260 kilometres to the northwest of MVL’s southern licences.



Map showing Mauritania Ventures Ltd. permit position in Mauritania and (for comparison) a map of the UK and Ireland with the Mauritanian uranium permits superimposed. The Guelb Moghrein iron oxide-copper-gold mine is also illustrated.

MVL has also recently submitted a further licence application (MV14) to explore for rhyolite-breccia hosted uranium mineralization in the north of the country. This licence was selected based on favourable geology and a coincident airborne uranium anomaly. Detailed fieldwork will take place on the northern licences in the first quarter of 2008.

The Company will continue to undertake all fieldwork within its current financial resources.

Michael Nott, Group Managing Director and Chairman, commented, “We are pleased to report that our fieldwork in Mauritania has recommenced, and look forward to reporting the results of our reconnaissance work on the southern permits. We believe Mauritania to be under-explored and that the country has excellent potential to host additional economic mineralization.”

The Company’s overall corporate and exploration strategy will continue to be one of developing a portfolio of well-researched, promising and prospective exploration properties that will be pursued further, either in the Company’s own right or in conjunction with other parties.

13 December 2007

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Enquiries

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Notes to Editors

Alba Mineral Resources plc is a junior explorer with a commodity focus on uranium, nickel and gold. Alba currently has interests in a number of well researched properties owned in its own right or in conjunction with other parties, primarily in Scotland, Mauritania and Sweden and also has gold and base metal interests in Ireland.

To create value, projects will be either sold outright (in whole or part), spun off into a separate company, joint ventured to include a cash consideration and/or a ‘Net Smelter Return’ or developed into operating mines.

The Company’s principal focus is on the Arthrath nickel-copper-platinum group metals project in Scotland, uranium and copper-gold in Mauritania, and nickel and copper-gold in Sweden.

Precious and base metal properties in Ireland and Scotland will continue to form part of the company portfolio, with a view to seeking joint ventures on each where warranted.

Geology and Mineral Potential of the Mauritania Permits

The uranium permits held by MVL and one of the uranium permits pending are considered by the Company to be highly prospective for hosting unconformity-type uranium mineralization, analogous to that seen in the Athabasca region of Canada. The permits awarded cover significant areas of an unconformable contact between early Proterozoic reworked granitic terrane and overlying sediments of late Proterozoic to Carboniferous age.

Airborne geophysics flown on behalf of the Mauritanian Government indicates radiometric anomalies within organic-rich units near the base of these sedimentary sequences, coincident with large, deep-penetrating crustal shear structures. Uranium mineralization is known to the north and northwest of the permit area, and is hosted in granites and rhyolites cut by these shear structures. Airborne radiometrics has been shown to be an effective technique in uranium exploration in Niger where radiometric anomalies are associated with all known uranium deposits in the area surrounding the Arlit and Akouta uranium mines in the east of the country.

Niger, some 2000 km east of MVL's current exploration activity, is the world's third largest producer of uranium after Canada and Australia.

Dr Sandy M. Archibald (B.Sc., M.Sc., Ph.D.) Technical Director of Alba has reviewed the information contained herein. Dr. Archibald has sufficient experience, which is relevant to the style of mineralization under consideration and to the activity he is undertaking as a qualified person as defined by the Guidance Note for Mining and Oil & Gas Companies under the AIM Rules for Companies.

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